

## HOW TO UPLOAD MY RESULTS?

To report your test result to the Department of Health, follow these steps:

1.



Scan the QR code or visit:  
<http://bioportal.salud.pr.gov/covid-19/self-tests>.

2.



Complete the registration sheet.

3.



Please take a photo of the results and upload it to your registry.

## ACCOMPLISHED!

## HOME TESTS ARE FREE!



## Do you have any questions or additional queries?

You can contact the COVID-19 Help Center at the following phone number:

**939-592-5115**

## Operation Hours:

Monday to Friday: 8:00 a.m. - 8:00 p.m.  
Saturday and Sunday: 8:00 a.m. - 5:00 p.m.



@desaludpr

**#PuertoRicoProtectsItself**

**#WeWantYouHealthy**

**#TakeTheTest**

DEPARTAMENTO DE  
**SALUD**



## HOME TESTING INITIATIVE:

Luis Muñoz Marín  
Internacional Airport (SJU)



An effort of the Puerto Rico Department of Health to continue promoting preventive measures for Covid-19.

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**SALUD**



## WHAT ARE HOME TESTS?

As established by the Centers for Disease Control and Prevention (CDC), home tests for COVID-19 offer reliable, fast results and can be conducted anywhere, regardless of vaccination status and whether or not the person has symptoms.

- Home testing, vaccination, wearing well-fitting masks, and physical distancing help protect you and others by reducing the chances of spreading COVID-19.
- Home tests do **not** detect antibodies that would suggest prior infection, nor do they measure your level of immunity to COVID-19.

## WHEN SHOULD I TAKE A COVID-19 TEST?

The Centers for Disease Control and Prevention (CDC) recommends that all travelers have tested for COVID-19:

Get tested if:	When to do it:
Has any symptoms of COVID-19.	Immediately
You were exposed to someone with COVID-19.	<ul style="list-style-type: none"><li>• Five days after exposure.</li><li>• If you test negative for COVID-19, consider retesting 1-2 days after your first test.</li></ul>
You will attend a closed event or venue.	Immediately before the venue or as close as possible to the schedule of the event.

## WHAT TO DO WHEN I GET A POSITIVE RESULT?

- Upload your test result to the Puerto Rico Department of Health BioPortal. (Follow the instructions on the back of this page.)
- Follow these recommendations:
  - Stay home for at least five days and isolate yourself from other people in your home.
  - Notify the people with whom you have had close contact with the result.
  - If possible, wear an N95 or KN95 mask.
  - Tell your health care provider. Contact them as soon as possible if your symptoms worsen.

## WHAT TO DO WHEN I GET A NEGATIVE RESULT?

- Upload your test result to the Puerto Rico Department of Health BioPortal.
- A negative result indicates that the test did not detect the virus but should not rule out infection, especially if you have symptoms.
- Consider repeat testing 24 to 48 hours later. Multiple negative tests increase confidence that you do not carry the virus that causes COVID-19.

