## Searching information in news media

Use these tips when accessing information sources:

- Verify information with more than one news source
- Stay informed on news updates for any last minute changes.
- Check the publication dates for up-to-date information.
- Validate where the news comes from

#### **Trusted Information Checklist**

This checklist will help you validate whether or not the information is coming from a reliable source. Complete the following questions to validate the information:

# TECHNOLOGY IS FOR EVERY ONE!

#### **QUESTIONS**

Did you consulted the information through the Centers for Disease Control and Prevention (CDC), the World Health Organization (WHO) and/or the Puerto Rico Department of Health?



Did you corroborated the information with a healthcare professional to validate for any additional instructions?



Did you validated the information through media (newspapers, radio or television)?





If you answered "Yes" to all three questions, your health information is reliable.

If you answered "No" to some of these questions, check reliable media for additional information.



#### **Digital literacy**

Digital literacy refers to the ability of using and understanding information in various formats, including:

- New technology
- The practice of reading and writing on the screen

Access to the Internet and other technologies have facilitated the emotional, physical and social well-being of older adults. (Szabo et al., 2019) With multiple search methods, it is of the utmost importance to use digital literacy strategies that make it easier for older adults to access reliable information, especially during the COVID-19 pandemic.



Szabo, A., Allen, J., Stephens, C., & Alpass, F. (2019). Longitudinal Analysis of the Relationship Between Purposes of Internet Use and Well-being Among Older Adults. The Gerontologist, 59(1), 58-68. https://doi.org/10.1093/geront/gny036



### Are you ready to make a search?

On a computer or smart phone, open your preferred browser.

For example: Google, Safari, etc.





Once in the browser, type the keywords or words of interest that you want answers for as a sentence, for example:

Which vaccines are for COVID-19?

Remember!

and press the "Enter" key

Choose your reliable source, such as:

- CDC (Centers for Disease Control and Prevention)
- · WHO (World Health Organization)

These recommendations will allow you to understand how to search for information using electronic devices, and giving you the opportunity to stay informed on news and information regarding vaccination procedures.

